



RSC

SCOOTERING

Roller Sports Canada

Freestyle Scooter Division

(RSC-Scootering)

Comprehensive

Guide to the Sport

February 2024

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PREAMBLE

Freestyle scooter is a fast-growing sport around the world. One simply must take a look at skate parks in their neighborhood to realize that scooter is more than just a transportation mode; it is now a full-fledged sport practiced by many young riders.

Some countries have seen this growing trend in the past few years and acted on it by organizing and legitimizing the sport. They have also created national sport organizations that oversee and develop structured events and competitions to ensure the development and safe practice of the sport.

With the introduction of skateboarding at the Olympics a few years ago, lots of discussion is also take place to include other urban sports in upcoming games, including freestyle scootering. Countries are getting organized and aligning funding to build strong elite programs and national teams.

Today, Roller Sports Canada (RSC) is the national governing body of competitive roller sports in Canada, including freestyle scootering. RSC-Scootering is therefore a division of Roller Sports Canada, akin to other roller sports such as roller speed skating and roller artistic skating to name a few. RSC-Scootering's primary goal is to promote and ensure practice of this sport by creating a foundation and an environment that foster safety, diversity, and respect.

Before the arrival of a governing body in freestyle scootering in Canada, riders were only able of competing in the USA and abroad, leaving them short of competing in their own country. Canada now has a way forward and an official governing body to address this situation and oversee this rising sport at home. To keep up with other like-minded countries, RSC-Scootering must get the necessary support at the federal, provincial, and industry levels to develop its strategic plan over the next three years.

This Guide has been developed with these principles in mind. It plays a key role in establishing clear and standard guidance to help navigate the various ways to compete in this sport, from local events to international competition circuits. It also provides steps that can be taken to organize a scooter event or competition that can be promoted by Roller Sports Canada. Finally, the Guide complements any community, shop, or larger industry event rules.

Our Guide also contains several appendices detailing our strategic directions for the next three years, guides for parents and athletes alike, and for training. Anyone concerned or interested in this sport should make good usage of them, as they will prove useful in the development of both the sport and athletes.

RSC-SCOOTERING

MANDATE, VISION, AND VALUES

Organizational Picture

World Skate is the international governing body for skateboarding and other roller sports (including Freestyle Scootering) and is recognized by the International Olympic Committee (IOC).

In Canada, Roller Sports Canada (RSC) is the national organization and governing body of roller sports. Also, Skateboard Canada has become the sole national governing body until a new name yet to be agreed. For now, Skateboard Canada is acting as administrative liaison with World Skate for all necessary interfacing to register Canadian athletes selected for World Skate competitions.

RSC-Scootering is the national governing body for scootering in Canada. RSC-Scootering performs several important functions to fulfill its mandate, which is to promote the sport of freestyle scootering, supervise it and ensure that it is practised responsibly, within a framework that promotes the three fundamental values of safety, diversity, and respect.

Our vision is to ensure the long-term survival of freestyle scootering, and to help those who practice it to perfect their skills and reach the highest levels, right up to the international stage. With this in mind, we are campaigning for the sport to be recognized as a demonstration sport, and then as a full Olympic sport in the years to come. In the years to come, RSC-Scootering plans to set up a national team and a development center, as well as holding international events in the country to achieve this.

Safety, diversity, and respect

RSC-Scootering's three fundamental values are safety, diversity, and respect.

Safety is paramount in this acrobatic sport. Falls can cause injuries, some of them serious. For this reason, it is important that protective equipment and materials used by athletes be of the highest quality. Certified equipment and materials are therefore a guarantee of quality and safety. Stores selling certified equipment and materials for this sport are easy to find. When buying, you should therefore look for the certification seal on every item you buy, regardless of the brand.

The principle of safety also applies to components of the park. Each element must be inspected regularly and repaired or replaced without delay, as the safety of athletes and other people in the vicinity of the park depends on it. In this respect, all such persons must comply strictly with safety instructions. Finally, organizers of events sanctioned by RSC-Scootering must take all the necessary measures to ensure the safety of all persons taking part in or attending an event, by ensuring that first aid can be provided on site by competent persons.

Freestyle scootering brings together and attracts athletes from a wide range of backgrounds: language, skin color, sex, and gender identity, among others, are the defining characteristics that unite riders. Diversity means inclusiveness, tolerance, and acceptance. All athletes matter and are accepted and treated equally.

RSC-Scootering does not tolerate any form of harassment or discrimination, particularly among athletes, parents, judges, and organizers. On the contrary, RSC-Scootering advocates the values of mutual aid and encouragement, which contribute to the development of athletes and the betterment of the sport.

Respect, like diversity, is also based on the principles of tolerance and acceptance. Respect is found in our behaviour towards others and in our acceptance of the sport's rules and regulations. Cheating, intimidation, favoritism, corruption, and the use of banned substances (at international level) are all unacceptable practices and forbidden by RSC-Scootering. In this respect, parents (of underage athletes) and athletes of all ages, categories and levels are required to adhere to appropriate behavior.

EVENTS, COMPETITIONS, AND OPENS

National Level Events, Competitions, and Opens

Freestyle Open Series (Opens)

Opens are part of a larger national level series of freestyle competitions organized in Canada each year.

- Opens are organized and sanctioned by Roller Sports Canada (RSC-Scooter Division).
- Both Canadian and non-Canadian riders can participate in Canada Opens.
- This is a wonderful opportunity to broaden the pool of riders competing at the national level and provide more competition opportunities to prepare for the international level.
- Details on Canadian events, competitions, and opens can be found in the Freestyle Scooter Division section of the Roller Sports Canada website.

Canadian Freestyle Scooter Championship (national level)

- Once a year, an Open is held:
 - As a regular Open series allowing all Canadian and non-Canadian riders to participate and compete for the podium, and
 - As a sanctioned Canadian Championship event (Park and Street) that allows the Canadian rider in each category to be crowned “Canadian Champion”.

International Events

World Skate Events

- At this level, competitions are held under the [World Skate Regulations](#).
- All Canadian participating athletes at international events organized by World Skate are by invitation only.
- Riders are selected by RSC-Scooter according to its selection process and must meet all World Skate requirements.
- The selection for Canadian scooter athletes will be performed by SRC-Scooter, approved by Roller Sports Canada’s Board of Directors. The final list of scooter athletes will be sent to Skateboard Canada, who play an administrative liaison role with World Skate for official registration of all roller sport athletes for Canada for season 2024.

Other Events and Competitions

Provincial, Local, Industry, Shop

- At these levels, the format may differ from the more standard competition format, such as national or international level competitions described above.
- Such events may be adapted to serve the needs and goals of the event (jam, best tricks, etc.).
- Events or competitions certified and promoted by RSC-Scooter must be sanctioned by them.

COMPETITION CATEGORIES

Categories

Freestyle Open Series (Canada)				World Skate Category*
Category	Age Group	Gender		
Amateur	Youth	9 and under	Mixed	N/A
	Junior I	10 to 13	Mixed	Junior 10 to 17*
	Junior II	14 to 17	Mixed	
Open	Senior	18 and over	Mixed	N/A
	Female	All ages	Woman	N/A
	Street	All ages	Mixed	Junior 10-17*
				Male - 14 and over*
				Female - 14 and over*
Pro	Male	14 and over	Man	14 and over*
	Female	14 and over	Woman	14 and over*

****Participation at World Skate events are by invitation only*** - RSC-Scooter is responsible to communicate directly with pre-selected athletes to compete at the international level competitions to represent Canada.

Level of Abilities by Category

In Canada, freestyle scooter competition categories reflect a model implemented in most countries where this sport is performed at a competitive level. In the RSC-Scootering events or competitions, categories are defined by age in the amateur and open level, and by abilities when at the pro level, as follow:

Category	Age Group	Target Audience
Youth	9 and under	<ul style="list-style-type: none"> - From learning to perform fundamentals - Anyone with no (or minimal) competition experience
Junior I	10 to 13	<ul style="list-style-type: none"> - Learning to perform skills and tricks of their age group - Having fun in competitions - Starting introducing some combo tricks in training and maybe one or two in competitions
Junior II	14 to 17	<ul style="list-style-type: none"> - Train to train - Rider may be competing regularly and performs basics on a consistent basis and starts to have fun with combo tricks in competitions.
Senior	18 and over	<ul style="list-style-type: none"> - Rider is now 18 of age, a regular competitor and performs at its own learning pace and level.
Male	14 and over	<ul style="list-style-type: none"> - Train to Perform - Rider already on competition scene and able to perform combos consistently in competitions. - Is considered competing at the international level and pro tours in some cases.
Female	14 and over	

Judging Criteria

Freestyle scootering is a judging sport; this means that a panel of judges will determine a score based on a rider's performance. The competition judging criteria adopted by RSC-Scootering are build around a model implemented by most countries where this sport is performed at a competitive level.

Criteria	Description & Judging Guide	Rider Tips & Tricks <i>(for getting better score)</i>
Consistency (25%)	<ul style="list-style-type: none"> - Number of tricks landed compared to tricks attempted, without doing several tricks of the same style - Number of tricks completed without placing a foot on the floor - Riders with flawless run (no falls/slips) should score between 20-25, depending on number of tricks performed - Each fall/slip should result in a loss of points 	<ul style="list-style-type: none"> - A run with tricks you can perform consistently gives you better chances of success and increases your chance to score maximum points <p>On average, consider building a run with:</p> <ul style="list-style-type: none"> - 8-10 tricks for Youth - 10-12 tricks for Junior I - 12+ tricks for Junior 2, Senior and Female - 14+ for Male
Difficulty (25%)	<ul style="list-style-type: none"> - Best tricks possible in competing category, i.e., technical tricks, combos from higher categories, and/or use of hard obstacles - Tricks difficult to perform in competing category (more info on tricks in Category section above) - Use of park layout for a run performed within its structure – using combos of gaps and transfers 	<ul style="list-style-type: none"> - Try to build a run that will challenge you and show what you can do - You have two runs to perform – therefore, use them wisely and dare to go bigger and higher on your second run if you feel like it - Pushing your limits are essential to stand out in competition and can help you score a maximum of points - As you move up categories, focus on speed and height, which are essential in using more space to perform more difficult tricks
Diversity (25%)	<ul style="list-style-type: none"> - Creative run integrating a variety of tricks - All-round riding ability - Use of park to full capability, in ways other competitors are not - Varied run with more obstacles; use of often overlooked street elements - Use of ALL of park – specifically, use of hubba or rail 	<ul style="list-style-type: none"> - Try not to repeat tricks on your run - Have at least one or two tricks of each of the 5 diversity elements - Try to use the whole park at least once - When practicing, use the diversity chart as a tool for working and adding new tricks - Practise to improve diversity that allows you to create a run with varied tricks and help you score a maximum of points
Style (25%)	<ul style="list-style-type: none"> - Clean run, smooth landings, good height, and effortless looking tricks, all the while maintaining speed and flow - If two riders throw the same trick, the rider that takes it higher, better, and smoother will score higher - Style is probably the most subjective opinion. Although judges all should use the same criteria, their perception of its worth will be different across the score sheets - Entertainment: confidence in run that makes tricks look easy - Originality, including in second run - Attempting something different from other riders 	<ul style="list-style-type: none"> - Plan your run to flow without stopping - Get height and full extension - Start where other riders are not - Do tricks others are not performing - Get the crowd behind you - Stand out - Smile and have fun

APPENDIX A

RSC-Scooter Strategic Directions (2023-2025)

RSC-Scooter is the national governing body for scooter in Canada. As such, it performs many important functions to achieve its mandate, its vision, and its mission for **Programs, Participation, and Performance**.

Programs

Building a national governing structure with a sound policy framework and ensuring financial sustainability in order to create a strong foundation of stewardship and a national program based on Canada's reputation of excellence and accountability.

This will be achieved through a three-pronged approach aiming at building a national governing structure; developing a strong national policy framework of strategies, guidelines, systems, and communications to deliver on our vision; and ensuring financial stability to develop and deliver on our long-term vision while minimizing financial risk. This includes,

in the short-term:

- Promote our vision and mission via the RSC-Scooter's website,
- Position RSC-Scooter as national authority on the international scene and integrate as an official partner in existing competition framework,
- Implement national initiatives to promote and develop freestyle scooter from coast to coast,
- Provide a structure and programs to compete in a safe, diverse, and respectful manner,
- Initiate the development and roll-out of a 3-year Strategic Development Plan (2023-2026),
- Develop a Comprehensive Guide to the sport and publish it on Roller Sports Canada website,
- Develop and launch a user-friendly membership and event registration application portal.

in the medium term:

- Sanction and promote more national and provincial level competitions held in Canada,
- Propose and support bids for international level competitions in Canada (i.e. Pro-tours),
- Develop guidelines on safety and harassment, and a step-by-step helmet and concussion protocol,
- Introduce a financial plan identifying funding and revenue streams to ensure continuity of the sport.

in the longer term:

- Develop and manage a high-performance freestyle scooter program,
- Select, manage, and support a national and development team,
- Develop and standardize the professional development of coaches and judges,
- Position RSC-Scooter with Sport Canada to promote scooter as a demonstration sport for future Olympics.

Participation

Encouraging young people to be active and practice this sport in a safe, diverse, inclusive, and respectful environment, and participate in structured events and competitions, from the grassroots level to the international scene. This will be achieved through a three-pronged approach aiming at establishing and coordinating a calendar of national events and competitions; increasing the membership programs and standardizing a package of national level competitions and events; and increasing the visibility of the sport through communication tools and platforms. This includes,

in the short-term:

- In 2023, manage and/or coordinate three Canada Opens Qualifiers in three provinces (Quebec, B.C., Alberta),
- Launch RSC-Scooter official social media accounts,
- Introduce our first membership fee package aiming at recruiting 50 new members, and
- Brand RSC-Scooter logo to increase visibility for new members, partners, industry, sponsors, etc.

in the medium-longer term:

- In 2024, manage and/or coordinate four (4) Freestyle Canada Opens in four provinces (Quebec, B.C., Alberta, Ontario), with one of them also being home to the Canadian National Championship competition for park and street,
- In 2024, position RSC-Scooter on the international competition scene by bidding to host either North American championship or international event in Canada in 2025 or 2026,
- Initiate strategies on social media to promote events and increase visibility for new members, partners, industry, sponsors, etc., and
- Introduce yearly membership campaign aiming at recruiting 100+ new members.

Performance

Ensuring Canada is performing at the elite level by building an excellence program that allows for the selection, management and support of athletes representing Canada at the international level. This will be achieved through a two-pronged approach aiming at establishing and managing a national and development team competing at national events and competitions; and developing and managing a national level elite program. This includes,

in the short-term:

- Select the first cohort of athletes officially representing Canada on the international scene (based on athlete results and with national-international level profiles),
- Develop a participation program to increase diversity, namely, to attract more women in a mostly male-dominated sport,
- Develop formal high performing federal funding, sponsorship and reach-out strategy to support the national and development team, including travel and training camps, and
- Launch a donation campaign to secure gear and suits for athletes participating at the World Games 2024.

in the medium/longer-term:

- In 2025, establish a selection process for athletes participating to international events and national point systems,
- Create an official Canadian national and development team (with financial support),
- Develop and inaugurate a National Scooter Training Centre for Canada's national team,
- Hire a national level coach on a part-time basis for the development of athletes, and
- Develop a program for the professional development of coaches and judges.

APPENDIX B

A Guide for Parents

Here's a non-exhaustive list of rules to follow and tips to consider for a positive experience in the world of freestyle scootering.

Declaration

Every year, parents of under-age athletes must sign a declaration stating that they have read and understood the contents of the aforementioned declaration. They also agree to abide by all rules and behaviors expected of them.

Equipment and material

RSC-Scootering encourages and advises the purchase of certified equipment and materials. Discounts and/or special offers may be available from authorized sponsors, where applicable.

Supervision

Supervise athletes (minors) to ensure proper nutrition, hydration, and rest before, during and after training and/or competition.

Training and learning

Encourage athletes to train as much as possible, develop and integrate into their group to create a dynamic and a sense of belonging. These actions promote peer-to-peer mentoring.

Volunteering

RSC-Scootering encourages parents to volunteer to help the organization, athletes, and other parents. This could mean helping out at a competition site, carpooling, making reservations for a group, contributing to fundraising or recruitment campaigns, and so on. There's no limit to what you can reasonably do to make yourself useful!

Travel

For travel, make the necessary inquiries to find a hotel, restaurants, etc., where you are going in case this information is not provided by RSC-Scootering and if circumstances require it.

Drugs

At the international level, freestyle scootering prohibits the use of certain drugs (including certain medicines). It is therefore strongly recommended to consult the list of prohibited substances to avoid being excluded from a competition. No one is supposed to ignore the rules.

Athletes are also strongly advised not to take any drugs whatsoever, including energy drinks. Constant supervision is therefore essential.

APPENDIX C

A Guide for Athletes

Here's a non-exhaustive list of rules to follow and tips to consider for a positive experience in the world of freestyle scootering.

Declaration

Every year, all athletes must sign a declaration stating that they have read and understood the contents of the aforementioned declaration. They also agree to abide by all rules and behaviors expected of them. Parents of minor athletes must also sign this declaration.

Equipment and material

RSC-Scootering encourages and advises the purchase of certified equipment and materials. Discounts and/or special offers may be available from authorized sponsors, where applicable.

Supervision

Be aware that we recommend your parents supervise your diet, hydration, and rest periods before, during and after training or competition.

Training and learning

Train as often as possible, improve your skills and become part of your group. This will create a dynamic and a sense of belonging that will benefit everyone. It also encourages peer mentoring.

Volunteering

RSC-Scootering encourages parents to volunteer. You can volunteer too, if the opportunity arises; just let the people in charge know what you'd like to do. They'll be grateful, and you'll feel a sense of satisfaction. What's more, volunteering puts you in direct contact with every aspect of your favourite sport!

Travel

If you are of legal age, make the necessary inquiries to find a hotel, restaurants, etc., where you are going in case this information is not provided by RSC-Scootering and if circumstances so require.

Drugs

At the international level, freestyle scootering prohibits the use of certain drugs (including certain medicines). It is therefore strongly recommended to consult the list of prohibited substances to avoid being excluded from a competition. No one is supposed to ignore the rules.

You are also strongly advised not to take any drugs, including energy drinks. Your parents may supervise you, as we recommend.